

30e Championnat provincial des Maîtres Nageurs Financière Manuvie
Trois-Rivières, 15. - 17.4.2011

Epreuve 9	Dames, 400m 4 nages					18 ans et plus
2011-04-16 - 9:05						Liste résultats
Record provincial 18 - 24	5:20.37	DESCHAMPS NATHALIE				1989-01-01
Record provincial 25 - 29	5:23.80	Belanger Edith	CNTR	Trois-Rivières		2008-04-13
Record provincial 30 - 34	5:18.73	Thibault Nancy	MSFOY	Canada		2010-04-18
Record provincial 35 - 39	5:21.93	Haworth Linda	MPC	Trois-Rivières		2005-04-16
Record provincial 40 - 44	5:22.55	Pincott Cynthia	ENC	Montréal		2006-04-22
Record provincial 45 - 49	5:35.95	Lowensteyn Ilka	YMCA	Lasalle		2011-02-20
Record provincial 50 - 54	5:49.79	Kouri Ann	MPC	Pointe-Claire		2011-01-30
Record provincial 55 - 59	6:36.26	Gosselin Suzanne	TNTC	Canada		2010-04-18
Record provincial 60 - 64	7:09.53	Bakish Margaret	CNSJ	Canada		2010-04-18
Record provincial 65 - 69	7:42.67	Dillinger Erda	LASL	LaSalle		2006-02-19
Record provincial 70 - 74	8:37.44	WALDIE MAE		ETOBICOKE		2005-05-22
Record provincial 75 - 79	9:36.80	Waldie Mae	MPC	Canada		2010-04-18
Record provincial 80 - 84	15:09.03	TURGEON JEANNE				2000-01-01
Record provincial 85 - 89						
Record provincial 90 - 94						

Points: FINA 2008

Rang			Age							Temps	Pts	
18 - 24 ans												
1.	Gordon Caitlin		22	Mpc						5:41.63	488	
	50m:	37.36	37.36	150m:	2:03.44	44.84	250m:	3:34.55	45.86	350m:	5:02.28	40.79
	100m:	1:18.60	41.24	200m:	2:48.69	45.25	300m:	4:21.49	46.94	400m:	5:41.63	39.35
2.	Bourget Daphne		20	M.St-Laurent						6:26.52	337	
	50m:	38.25	38.25	150m:	2:12.10	46.30	250m:	3:54.25	56.09	350m:	5:38.09	47.57
	100m:	1:25.80	47.55	200m:	2:58.16	46.06	300m:	4:50.52	56.27	400m:	6:26.52	48.43
3.	Birenbaum Heather		24	Westmount YMCA Swim Club						6:35.13	316	
	50m:	44.51	44.51	150m:	2:25.69	50.81	250m:	4:14.82	58.96	350m:	5:53.97	42.50
	100m:	1:34.88	50.37	200m:	3:15.86	50.17	300m:	5:11.47	56.65	400m:	6:35.13	41.16
4.	Stoica Maria		22	M.St-Laurent						7:56.81	180	
	50m:	55.74	55.74	150m:	2:59.66	58.42	250m:	5:04.20	1:04.90	350m:	7:01.31	53.08
	100m:	2:01.24	1:05.50	200m:	3:59.30	59.64	300m:	6:08.23	1:04.03	400m:	7:56.81	55.50
25 - 29 ans												
1.	Aubé Joanie		27	Cncb						6:44.03	295	
	50m:	46.36	46.36	150m:	2:27.81	51.39	250m:	4:15.89	54.22	350m:	5:57.50	46.18
	100m:	1:36.42	50.06	200m:	3:21.67	53.86	300m:	5:11.32	55.43	400m:	6:44.03	46.53
2.	Blanchette Julie		26	Ppo						7:59.41	177	
	50m:	52.04	52.04	150m:	2:57.90	1:09.56	250m:	5:04.54	1:03.82	350m:	7:05.25	58.09
	100m:	1:48.34	56.30	200m:	4:00.72	1:02.82	300m:	6:07.16	1:02.62	400m:	7:59.41	54.16
30 - 34 ans												
1.	Thibault Nancy		32	Maîtres Ste-foy						5:18.76	601	
	50m:	34.09	34.09	150m:	1:55.99	42.86	250m:	3:21.55	43.54	350m:	4:43.21	38.32
	100m:	1:13.13	39.04	200m:	2:38.01	42.02	300m:	4:04.89	43.34	400m:	5:18.76	35.55
2.	Beauchamp Arianne		30	À Contre-Courant						5:33.39	525	
	50m:	34.58	34.58	150m:	1:58.33	44.57	250m:	3:29.43	48.46	350m:	4:56.62	38.75
	100m:	1:13.76	39.18	200m:	2:40.97	42.64	300m:	4:17.87	48.44	400m:	5:33.39	36.77
3.	LOUHICHI NADIA		30	Camo						6:13.66	373	
	50m:	36.63	36.63	150m:	2:10.42	47.80	250m:	3:53.22	55.01	350m:	5:32.02	42.32
	100m:	1:22.62	45.99	200m:	2:58.21	47.79	300m:	4:49.70	56.48	400m:	6:13.66	41.64

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Rang			Age							Temps	Pts	
4.	Levasseur Heidi		32	Ppo						6:15.86	367	
	50m:	41.70	41.70	150m:	2:17.83	49.15	250m:	4:00.84	54.13	350m:	5:36.12	40.94
	100m:	1:28.68	46.98	200m:	3:06.71	48.88	300m:	4:55.18	54.34	400m:	6:15.86	39.74
5.	ROY JULIE		31	Camo						6:46.22	290	
	50m:	45.72	45.72	150m:	2:27.11	50.30	250m:	4:16.71	58.50	350m:	6:03.08	46.07
	100m:	1:36.81	51.09	200m:	3:18.21	51.10	300m:	5:17.01	1:00.30	400m:	6:46.22	43.14
6.	Cheng Yvonne		34	Westmount YMCA Swim Club						8:38.17	140	
	50m:	59.42	59.42	150m:	3:17.97	1:09.01	250m:	5:31.85	1:06.14	350m:	7:38.89	1:00.99
	100m:	2:08.96	1:09.54	200m:	4:25.71	1:07.74	300m:	6:37.90	1:06.05	400m:	8:38.17	59.28

35 - 39 ans

1.	Beland Nathalie		39	Maîtres Nageurs Québec						5:50.45	452	
	50m:	35.32	35.32	150m:	2:04.87	49.47	250m:	3:45.60	51.35	350m:	5:13.33	38.46
	100m:	1:15.40	40.08	200m:	2:54.25	49.38	300m:	4:34.87	49.27	400m:	5:50.45	37.12
2.	Dunn Monica		38	À Contre-Courant						5:57.91	425	
	50m:	38.96	38.96	150m:	2:08.27	45.71	250m:	3:45.48	52.88	350m:	5:17.69	41.30
	100m:	1:22.56	43.60	200m:	2:52.60	44.33	300m:	4:36.39	50.91	400m:	5:57.91	40.22
3.	Desrosiers Ingrid		37	Ppo						6:10.29	384	
	50m:	39.19	39.19	150m:	2:11.08	46.47	250m:	3:51.73	53.68	350m:	5:28.65	42.67
	100m:	1:24.61	45.42	200m:	2:58.05	46.97	300m:	4:45.98	54.25	400m:	6:10.29	41.64
4.	Bravo Andrea		35	Westmount YMCA Swim Club						6:56.99	269	
	50m:	48.13	48.13	150m:	2:33.68	52.07	250m:	4:24.70	58.41	350m:	6:13.50	47.61
	100m:	1:41.61	53.48	200m:	3:26.29	52.61	300m:	5:25.89	1:01.19	400m:	6:56.99	43.49
5.	Carrier Laurence		35	Westmount YMCA Swim Club						7:42.09	197	
	50m:	50.82	50.82	150m:	2:53.66	1:02.85	250m:	4:58.89	1:03.25	350m:	6:54.07	51.25
	100m:	1:50.81	59.99	200m:	3:55.64	1:01.98	300m:	6:02.82	1:03.93	400m:	7:42.09	48.02
disq.	Levett Jennifer		39	Westmount YMCA Swim Club						6:52.07		
	50m:	47.15	47.15	150m:	2:35.45	53.83	250m:	4:24.05	54.58	350m:	6:06.82	46.31
	100m:	1:41.62	54.47	200m:	3:29.47	54.02	300m:	5:20.51	56.46	400m:	6:52.07	45.25

40 - 44 ans

1.	LEMIEUX Chantal		44	Les Dauphins de Rimouski						5:48.63	460	
	50m:	36.74	36.74	150m:	2:03.02	45.77	250m:	3:39.08	50.60	350m:	5:09.36	39.06
	100m:	1:17.25	40.51	200m:	2:48.48	45.46	300m:	4:30.30	51.22	400m:	5:48.63	39.27
2.	Bozzer Paola		40	M.St-Laurent						6:07.27	393	
	50m:	38.19	38.19	150m:	2:12.69	50.12	250m:	3:53.82	52.03	350m:	5:27.91	41.14
	100m:	1:22.57	44.38	200m:	3:01.79	49.10	300m:	4:46.77	52.95	400m:	6:07.27	39.36
3.	Norris Tara		44	Westmount YMCA Swim Club						6:23.89	344	
	50m:	42.30	42.30	150m:	2:21.80	49.78	250m:	4:04.38	55.49	350m:	5:41.81	43.80
	100m:	1:32.02	49.72	200m:	3:08.89	47.09	300m:	4:58.01	53.63	400m:	6:23.89	42.08
4.	Patterson Jennifer		43	Mpc						6:49.40	284	
	50m:	42.07	42.07	150m:	2:23.92	52.14	250m:	4:15.93	58.05	350m:	6:01.96	48.47
	100m:	1:31.78	49.71	200m:	3:17.88	53.96	300m:	5:13.49	57.56	400m:	6:49.40	47.44
5.	Gagnon Sylvie		40	M.St-Laurent						7:34.54	207	
	50m:	51.41	51.41	150m:	2:49.25	56.59	250m:	4:53.54	1:05.74	350m:	6:47.98	48.47
	100m:	1:52.66	1:01.25	200m:	3:47.80	58.55	300m:	5:59.51	1:05.97	400m:	7:34.54	46.56

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45 - 49 ans

1.	Marshall Sarah		49	Mpc		6:34.38	317					
	50m:	45.19	45.19	150m:	2:29.94	48.91	250m:	4:10.50	54.44	350m:	5:50.32	45.01
	100m:	1:41.03	55.84	200m:	3:16.06	46.12	300m:	5:05.31	54.81	400m:	6:34.38	44.06
2.	Dugré Isabelle		45	Les Loutres de Montréal		7:01.58	260					
	50m:	49.44	49.44	150m:	2:37.01	52.46	250m:	4:29.63	59.52	350m:	6:16.37	48.46
	100m:	1:44.55	55.11	200m:	3:30.11	53.10	300m:	5:27.91	58.28	400m:	7:01.58	45.21
3.	Jean Catherine		49	Maîtres Nageurs Québec		7:13.35	239					
	50m:	48.04	48.04	150m:	2:40.99	57.14	250m:	4:34.24	1:00.55	350m:	6:24.54	50.64
	100m:	1:43.85	55.81	200m:	3:33.69	52.70	300m:	5:33.90	59.66	400m:	7:13.35	48.81
4.	Zegray Michele		48	Westmount YMCA Swim Club		7:13.63	239					
	50m:	48.45	48.45	150m:	2:41.14	52.87	250m:	4:34.01	1:00.25	350m:	6:23.63	49.98
	100m:	1:48.27	59.82	200m:	3:33.76	52.62	300m:	5:33.65	59.64	400m:	7:13.63	50.00
5.	Tremblay Daniele		46	Gamin		7:35.37	206					
	50m:	47.79	47.79	150m:	2:43.52	59.42	250m:	4:46.41	1:03.50	350m:	6:43.94	53.91
	100m:	1:44.10	56.31	200m:	3:42.91	59.39	300m:	5:50.03	1:03.62	400m:	7:35.37	51.43
disq.	Osterland Lisa		48	Westmount YMCA Swim Club								
	50m:	53.16	53.16	150m:			250m:			350m:		
	100m:			200m:			300m:			400m:		

50 - 54 ans

1.	Tellier Lorraine		51	Club de natation Mégophias		7:52.93	184					
	50m:	48.50	48.50	150m:	2:59.82	1:04.34	250m:	5:07.02	1:06.04	350m:	7:02.61	50.63
	100m:	1:55.48	1:06.98	200m:	4:00.98	1:01.16	300m:	6:11.98	1:04.96	400m:	7:52.93	50.32
2.	Leclerc Louise		54	Maîtres Nageurs Québec		7:53.55	183					
	50m:	1:00.43	1:00.43	150m:	3:07.49	57.19	250m:	5:06.50	1:03.05	350m:	7:03.11	53.19
	100m:	2:10.30	1:09.87	200m:	4:03.45	55.96	300m:	6:09.92	1:03.42	400m:	7:53.55	50.44
3.	Reiter Sylvia		53	Westmount YMCA Swim Club		8:47.24	133					
	50m:	54.46	54.46	150m:	3:15.83	1:12.54	250m:	5:37.48	1:10.45	350m:	7:51.53	59.04
	100m:	2:03.29	1:08.83	200m:	4:27.03	1:11.20	300m:	6:52.49	1:15.01	400m:	8:47.24	55.71

55 - 59 ans

1.	Brownie Marge		59	Mpc		8:11.00	164					
	50m:	54.48	54.48	150m:	3:04.68	1:05.47	250m:	5:14.48	1:06.56	350m:	7:18.13	59.71
	100m:	1:59.21	1:04.73	200m:	4:07.92	1:03.24	300m:	6:18.42	1:03.94	400m:	8:11.00	52.87
2.	Hotte Francine		59	Westmount YMCA Swim Club		8:47.68	133					
	50m:	1:01.17	1:01.17	150m:	3:26.18	1:12.17	250m:	5:45.08	1:07.71	350m:	7:52.61	59.41
	100m:	2:14.01	1:12.84	200m:	4:37.37	1:11.19	300m:	6:53.20	1:08.12	400m:	8:47.68	55.07

60 - 64 ans

1.	Desjardins Gail		61	La vague de Brossard		8:23.32	153					
	50m:	1:00.39	1:00.39	150m:	3:16.77	1:06.59	250m:	5:28.85	1:05.86	350m:	7:30.78	54.49
	100m:	2:10.18	1:09.79	200m:	4:22.99	1:06.22	300m:	6:36.29	1:07.44	400m:	8:23.32	52.54
2.	Cardinal Liliane		62	Mpc		10:17.97	83					
	50m:	1:16.01	1:16.01	150m:	4:05.13	1:22.32	250m:	6:50.99	1:24.70	350m:	9:15.81	1:03.31
	100m:	2:42.81	1:26.80	200m:	5:26.29	1:21.16	300m:	8:12.50	1:21.51	400m:	10:17.97	1:02.16

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65 - 69 ans

1. Angus Patricia				67	Neptune					8:15.31	160
50m:	55.21	55.21	150m:	3:00.36	1:05.22	250m:	5:18.35	1:11.38	350m:	7:23.96	53.35
100m:	1:55.14	59.93	200m:	4:06.97	1:06.61	300m:	6:30.61	1:12.26	400m:	8:15.31	51.35

70 - 74 ans

1. Jacques Hélène				71	Maîtres Nageurs Québec					9:27.67	106
50m:	1:10.37	1:10.37	150m:	3:34.97	1:09.60	250m:	6:02.63	1:16.55	350m:	8:22.10	1:07.07
100m:	2:25.37	1:15.00	200m:	4:46.08	1:11.11	300m:	7:15.03	1:12.40	400m:	9:27.67	1:05.57