

30e Championnat provincial des Maîtres Nageurs Financière Manuvie
Trois-Rivières, 15. - 17.4.2011

Epreuve 7 Dames, 1500m Libre 18 ans et plus
2011-04-15 - 21:05 Liste résultats

Record provincial 18 - 24	19:00.88	CASSIVI NATASHA							2003-01-01
Record provincial 25 - 29	17:57.16	McClemon Laura	MUMS	Centre Aquatique de Dollard-de					2011-03-19
Record provincial 30 - 34	18:45.11	BELAND NATHALIE		STE-FOY					2004-04-01
Record provincial 35 - 39	19:10.59	Beland Nathalie	CMNQ	Canada					2010-04-16
Record provincial 40 - 44	19:14.02	PINCOTT CYNTHIA							2003-01-01
Record provincial 45 - 49	19:55.91	Lowensteyn Ilka	YMCA	Dollard des Ormeaux					2010-03-20
Record provincial 50 - 54	19:49.63	Kouri Ann	MPC	Centre Aquatique de Dollard-de					2011-03-19
Record provincial 55 - 59	22:39.06	Lepine Sylvie	YMCA	Québec					2007-04-22
Record provincial 60 - 64	24:56.10	Bakish Margaret	CNSJ	Canada					2010-04-16
Record provincial 65 - 69	25:54.10	Dillinger Erda	LASL	Dollard des Ormeaux					2006-03-18
Record provincial 70 - 74	29:19.40	NAIMAN SHEILA							2000-01-01
Record provincial 75 - 79	31:24.08	Waldie Mae	MPC	Centre Aquatique de Dollard-de					2011-03-19
Record provincial 80 - 84	34:36.05	Naiman Sheila	MPC	Dollard des Ormeaux					2010-03-20
Record provincial 90 - 94	50:36.15	Warren Lillian	MDDO	Dollard des Ormeaux					2010-03-20

Points: FINA 2008

Rang Age Temps Pts
18 - 24 ans

1. Birenbaum Heather	24	Westmount YMCA Swim Club	22:26.21	350
100m: 1:26.04 1:26.04	500m: 7:29.14 1:30.39	900m: 13:33.49 1:30.13	1300m: 19:35.10 1:30.90	
200m: 2:57.51 1:31.47	600m: 9:00.89 1:31.75	1000m: 15:03.37 1:29.88	1400m: 21:03.06 1:27.96	
300m: 4:28.37 1:30.86	700m: 10:32.14 1:31.25	1100m: 16:33.91 1:30.54	1500m: 22:26.21 1:23.15	
400m: 5:58.75 1:30.38	800m: 12:03.36 1:31.22	1200m: 18:04.20 1:30.29		

2. Stoica Maria	22	M.St-Laurent	29:06.36	160
100m: 1:33.96 1:33.96	500m: 9:10.20 1:57.16	900m: 17:09.00 1:58.53	1300m: 25:07.69 1:59.49	
200m: 3:22.70 1:48.74	600m: 11:10.55 2:00.35	1000m: 19:08.15 1:59.15	1400m: 27:07.45 1:59.76	
300m: 5:16.73 1:54.03	700m: 13:10.39 1:59.84	1100m: 21:07.88 1:59.73	1500m: 29:06.36 1:58.91	
400m: 7:13.04 1:56.31	800m: 15:10.47 2:00.08	1200m: 23:08.20 2:00.32		

25 - 29 ans

1. Aubé Joanie	27	Cncb	24:24.69	272
100m: 1:27.53 1:27.53	500m: 7:56.98 1:38.05	900m: 14:30.88 1:39.00	1300m: 21:06.09 1:38.34	
200m: 3:02.73 1:35.20	600m: 9:34.57 1:37.59	1000m: 16:10.40 1:39.52	1400m: 22:46.17 1:40.08	
300m: 4:40.91 1:38.18	700m: 11:13.03 1:38.46	1100m: 17:48.99 1:38.59	1500m: 24:24.69 1:38.52	
400m: 6:18.93 1:38.02	800m: 12:51.88 1:38.85	1200m: 19:27.75 1:38.76		

30 - 34 ans

1. Levasseur Heidi	32	Ppo	19:45.21	512
100m: 1:15.32 1:15.32	500m: 6:34.77 1:19.68	900m: 11:50.41 1:18.55	1300m: 17:07.31 1:19.40	
200m: 2:35.19 1:19.87	600m: 7:54.07 1:19.30	1000m: 13:09.26 1:18.85	1400m: 18:27.00 1:19.69	
300m: 3:55.42 1:20.23	700m: 9:13.13 1:19.06	1100m: 14:28.14 1:18.88	1500m: 19:45.21 1:18.21	
400m: 5:15.09 1:19.67	800m: 10:31.86 1:18.73	1200m: 15:47.91 1:19.77		

35 - 39 ans

1. Beland Nathalie	39	Maîtres Nageurs Québec	19:04.94	568
<i>Nouveau record provincial?</i>				
100m: 1:11.74 1:11.74	500m: 6:18.01 1:16.62	900m: 11:25.52 1:16.72	1300m: 16:32.55 1:16.88	
200m: 2:28.26 1:16.52	600m: 7:34.94 1:16.93	1000m: 12:42.20 1:16.68	1400m: 17:48.92 1:16.37	
300m: 3:44.98 1:16.72	700m: 8:52.08 1:17.14	1100m: 13:58.95 1:16.75	1500m: 19:03.66 1:14.74	
400m: 5:01.39 1:16.41	800m: 10:08.80 1:16.72	1200m: 15:15.67 1:16.72		

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Epreuve 7, Dames, 1500m Libre, 35 - 39 ans

Rang			Age					Temps	Pts		
2.	Levett Jennifer		39	Westmount YMCA Swim Club				22:53.56	329		
	100m:	1:25.11	500m:	7:32.11	1:31.78	900m:	13:40.34	1:32.06	1300m:	19:53.09	1:32.21
	200m:	2:56.19	600m:	9:04.06	1:31.95	1000m:	15:14.05	1:33.71	1400m:	21:24.40	1:31.31
	300m:	4:28.00	700m:	10:36.29	1:32.23	1100m:	16:47.21	1:33.16	1500m:	22:53.56	1:29.16
	400m:	6:00.33	800m:	12:08.28	1:31.99	1200m:	18:20.88	1:33.67			
3.	Poirier Guy-Anne		39	Cacm				23:27.98	306		
	100m:	1:24.66	500m:	7:32.57	1:33.63	900m:	13:51.41	1:36.38	1300m:	20:17.41	1:36.31
	200m:	2:55.12	600m:	9:05.75	1:33.18	1000m:	15:27.80	1:36.39	1400m:	21:54.58	1:37.17
	300m:	4:26.74	700m:	10:39.69	1:33.94	1100m:	17:04.96	1:37.16	1500m:	23:27.98	1:33.40
	400m:	5:58.94	800m:	12:15.03	1:35.34	1200m:	18:41.10	1:36.14			
4.	Trottier Valérie		37	Club de natation Mégophias				23:36.34	300		
	100m:	1:18.71	500m:	7:29.53	1:35.89	900m:	13:56.54	1:36.27	1300m:	20:26.09	1:37.34
	200m:	2:48.49	600m:	9:05.61	1:36.08	1000m:	15:32.92	1:36.38	1400m:	22:03.40	1:37.31
	300m:	4:19.70	700m:	10:43.06	1:37.45	1100m:	17:10.30	1:37.38	1500m:	23:36.34	1:32.94
	400m:	5:53.64	800m:	12:20.27	1:37.21	1200m:	18:48.75	1:38.45			
5.	Donovan Jennifer		38	Westmount YMCA Swim Club				26:53.44	203		
	100m:	1:37.54	500m:	8:44.94	1:48.55	900m:	16:03.35	1:49.92	1300m:	23:20.36	1:51.02
	200m:	3:23.74	600m:	10:34.43	1:49.49	1000m:	17:52.39	1:49.04	1400m:	25:10.99	1:50.63
	300m:	5:09.77	700m:	12:23.14	1:48.71	1100m:	19:41.00	1:48.61	1500m:	26:53.44	1:42.45
	400m:	6:56.39	800m:	14:13.43	1:50.29	1200m:	21:29.34	1:48.34			
40 - 44 ans											
1.	Norris Tara		44	Westmount YMCA Swim Club				23:10.48	317		
	100m:	1:26.60	500m:	7:40.52	1:33.74	900m:	13:54.72	1:33.59	1300m:	20:09.26	1:33.34
	200m:	2:59.62	600m:	9:14.06	1:33.54	1000m:	15:28.40	1:33.68	1400m:	21:42.26	1:33.00
	300m:	4:33.44	700m:	10:47.87	1:33.81	1100m:	17:02.38	1:33.98	1500m:	23:10.48	1:28.22
	400m:	6:06.78	800m:	12:21.13	1:33.26	1200m:	18:35.92	1:33.54			
2.	Simard Chantale		43	Maîtres Ste-foy				25:42.59	232		
	100m:	1:36.07	500m:	8:22.29	1:41.58	900m:	15:17.52	1:44.45	1300m:	22:15.64	1:44.60
	200m:	3:17.69	600m:	10:06.20	1:43.91	1000m:	17:01.72	1:44.20	1400m:	23:59.82	1:44.18
	300m:	4:59.08	700m:	11:48.85	1:42.65	1100m:	18:46.71	1:44.99	1500m:	25:42.59	1:42.77
	400m:	6:40.71	800m:	13:33.07	1:44.22	1200m:	20:31.04	1:44.33			
45 - 49 ans											
1.	Marshall Sarah		49	Mpc				23:00.57	324		
	100m:	1:26.59	500m:	7:36.26	1:32.57	900m:	13:48.01	1:33.20	1300m:	19:58.47	1:32.71
	200m:	2:58.89	600m:	9:09.34	1:33.08	1000m:	15:20.74	1:32.73	1400m:	21:30.41	1:31.94
	300m:	4:31.43	700m:	10:42.29	1:32.95	1100m:	16:53.30	1:32.56	1500m:	23:00.57	1:30.16
	400m:	6:03.69	800m:	12:14.81	1:32.52	1200m:	18:25.76	1:32.46			
2.	Pilote Jeanne		48	Westmount YMCA Swim Club				24:30.38	268		
	100m:	1:31.01	500m:	8:06.80	1:39.25	900m:	14:43.65	1:38.32	1300m:	21:19.76	1:39.44
	200m:	3:09.39	600m:	9:46.68	1:39.88	1000m:	16:22.04	1:38.39	1400m:	22:57.35	1:37.59
	300m:	4:47.95	700m:	11:26.28	1:39.60	1100m:	18:01.19	1:39.15	1500m:	24:30.38	1:33.03
	400m:	6:27.55	800m:	13:05.33	1:39.05	1200m:	19:40.32	1:39.13			
3.	Ste-Marie Line		46	Mpc				27:19.23	194		
	100m:	1:40.31	500m:	8:10.08	1:50.98	900m:	15:33.65	1:50.60	1300m:	22:51.64	1:48.83
	200m:	3:08.24	600m:	10:00.91	1:50.83	1000m:	17:22.84	1:49.19	1400m:	24:39.75	1:48.11
	300m:	4:45.66	700m:	11:51.57	1:50.66	1100m:	19:12.80	1:49.96	1500m:	27:19.23	2:39.48
	400m:	6:19.10	800m:	13:43.05	1:51.48	1200m:	21:02.81	1:50.01			

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Epreuve 7, Dames, 1500m Libre

50 - 54 ans

1. Boivin Janine	51	Mpc	24:06.23	282
100m: 1:25.58	1:25.58	500m: 7:48.78	1:36.40	900m: 14:19.80
200m: 2:59.40	1:33.82	600m: 9:25.23	1:36.45	1000m: 15:55.71
300m: 4:34.57	1:35.17	700m: 11:03.22	1:37.99	1100m: 17:35.15
400m: 6:12.38	1:37.81	800m: 12:41.06	1:37.84	1200m: 19:12.86
				1300m: 20:53.27
				1400m: 22:33.06
				1500m: 24:06.23
				1:40.41
				1:39.79
				1:33.17
2. Leclerc Louise	54	Maîtres Nageurs Québec	26:52.83	203
100m: 1:37.51	1:37.51	500m: 8:41.16	1:47.07	900m: 15:56.27
200m: 3:21.25	1:43.74	600m: 10:30.18	1:49.02	1000m: 17:44.55
300m: 5:07.23	1:45.98	700m: 12:18.88	1:48.70	1100m: 19:33.84
400m: 6:54.09	1:46.86	800m: 14:07.70	1:48.82	1200m: 21:23.74
				1300m: 23:13.96
				1400m: 25:03.80
				1500m: 26:52.83
				1:50.22
				1:49.84
				1:49.03
3. Farmer Marie	53	Westmount YMCA Swim Club	31:24.54	127
100m: 2:00.81	2:00.81	500m: 11:27.29	2:05.34	900m: 19:50.82
200m: 5:08.66	3:07.85	600m: 13:33.91	2:06.62	1000m: 21:56.66
300m: 7:16.30	2:07.64	700m: 15:39.33	2:05.42	1100m: 24:04.07
400m: 9:21.95	2:05.65	800m: 17:44.03	2:04.70	1200m: 26:09.90
				1300m: 28:14.39
				1400m:
				1500m: 31:24.54
				2:04.49

55 - 59 ans

1. Lessard Marie-Luce	59	Maîtres Ste-foy	28:09.88	177
100m: 1:46.35	1:46.35	500m: 9:21.60	1:54.25	900m: 16:53.49
200m: 3:39.17	1:52.82	600m: 11:15.43	1:53.83	1000m: 18:47.54
300m: 5:33.12	1:53.95	700m: 13:08.90	1:53.47	1100m: 20:41.06
400m: 7:27.35	1:54.23	800m: 15:01.30	1:52.40	1200m: 22:34.10
				1300m: 24:26.57
				1400m: 26:19.06
				1500m: 28:09.88
				1:52.47
				1:52.49
				1:50.82
2. Gates Sonja	57	Mpc	29:58.72	147
100m: 1:49.33	1:49.33	500m: 9:50.49	2:00.02	900m: 17:55.64
200m: 3:48.90	1:59.57	600m: 11:50.18	1:59.69	1000m: 19:55.67
300m: 5:48.98	2:00.08	700m: 13:51.74	2:01.56	1100m: 21:55.93
400m: 7:50.47	2:01.49	800m: 15:53.55	2:01.81	1200m: 23:58.72
				1300m: 25:58.74
				1400m: 27:58.71
				1500m: 29:58.72
				2:00.02
				1:59.97
				2:00.01

60 - 64 ans

1. Cardinal Liliane	62	Mpc	32:58.43	110
100m: 2:01.17	2:01.17	500m: 10:50.86	2:13.24	900m: 19:42.40
200m: 4:12.90	2:11.73	600m: 13:01.69	2:10.83	1000m: 21:56.94
300m: 6:25.57	2:12.67	700m: 15:13.65	2:11.96	1100m: 24:12.21
400m: 8:37.62	2:12.05	800m: 17:28.66	2:15.01	1200m: 26:24.53
				1300m: 28:39.03
				1400m: 30:50.64
				1500m: 32:58.43
				2:14.50
				2:11.61
				2:07.79

70 - 74 ans

1. Dillinger Erda	70	Mpc	28:02.34	179
<i>Nouveau record national?</i>				
100m: 1:41.09	1:41.09	500m: 9:17.61	1:53.10	900m: 16:48.64
200m: 3:36.51	1:55.42	600m: 11:10.05	1:52.44	1000m: 18:41.50
300m: 5:30.91	1:54.40	700m: 13:02.90	1:52.85	1100m: 20:34.73
400m: 7:24.51	1:53.60	800m: 14:55.89	1:52.99	1200m: 22:28.12
				1300m: 24:20.64
				1400m: 26:13.63
				1500m: 28:02.34
				1:52.52
				1:52.99
				1:48.71
2. Jacques Hélène	71	Maîtres Nageurs Québec	33:33.89	104
100m: 2:07.84	2:07.84	500m: 11:05.25	2:14.15	900m: 20:01.33
200m: 4:22.69	2:14.85	600m: 13:20.22	2:14.97	1000m: 22:16.23
300m: 6:36.69	2:14.00	700m: 15:34.49	2:14.27	1100m: 24:32.19
400m: 8:51.10	2:14.41	800m: 17:47.01	2:12.52	1200m: 26:48.60
				1300m: 29:04.45
				1400m: 31:20.36
				1500m: 33:33.89
				2:15.85
				2:15.91
				2:13.53