

30e Championnat provincial des Maîtres Nageurs Financière Manuvie
Trois-Rivières, 15. - 17.4.2011

Epreuve 10	Messieurs, 400m 4 nages				18 ans et plus
2011-04-16 - 9:05					Liste résultats
Record provincial 18 - 24	5:01.97	NADEAU MARTIN			1991-01-01
Record provincial 25 - 29	4:52.08	GAUVIN CHRYSYIAN		MTL	2003-05-16
Record provincial 30 - 34	4:50.87	Gauvin Chrystian	STE	Trois-Rivières	2005-04-16
Record provincial 35 - 39	4:53.53	LEPINE DANIEL			1999-01-01
Record provincial 40 - 44	4:58.34	LEPINE DANIEL		MTL	2003-05-16
Record provincial 45 - 49	5:07.91	DESCHENES GILLES		OTTAWA	2009-03-01
Record provincial 50 - 54	5:25.06	Bourassa Paul	MSFOY	PEPS- Université Laval, Québec	2008-05-17
Record provincial 55 - 59	6:08.74	RANSOM KEN			2001-01-01
Record provincial 60 - 64	6:19.44	Ransom Ken	MACC	PAR	2007-05-01
Record provincial 65 - 69	6:29.77	Ransom Ken	MACC	Lasalle	2011-02-20
Record provincial 70 - 74	7:22.12	Korpassy Andre	MPC	Canada	2010-04-18
Record provincial 75 - 79	8:04.64	AMYOT JACQUES			1999-01-01
Record provincial 80 - 84	8:38.45	Amyot Jacques		LASALLE	2004-02-01
Record provincial 90 - 94	15:45.53	Lehman Eugene		POINTE-CLAIRE	2003-12-01
Record provincial 95 - 99					

Points: FINA 2008

Rang					Age					Temps	Pts	
18 - 24 ans												
1.	Alie Julien				22	M. Dollard-des-Ormeaux				5:10.66	478	
	50m:	31.51	31.51	150m:	1:50.79	41.76	250m:	3:17.93	44.83	350m:	4:37.70	34.82
	100m:	1:09.03	37.52	200m:	2:33.10	42.31	300m:	4:02.88	44.95	400m:	5:10.66	32.96
2.	Brisson Erik				23	M. Dollard-des-Ormeaux				5:17.07	449	
	50m:	33.97	33.97	150m:	1:55.43	40.76	250m:	3:20.82	44.47	350m:	4:41.89	35.73
	100m:	1:14.67	40.70	200m:	2:36.35	40.92	300m:	4:06.16	45.34	400m:	5:17.07	35.18
disq.	Sauvageau Alexandre				23	Elite				6:56.59		
	50m:	41.64	41.64	150m:	2:27.25	57.13	250m:	4:23.13	58.04	350m:	6:12.44	46.88
	100m:	1:30.12	48.48	200m:	3:25.09	57.84	300m:	5:25.56	1:02.43	400m:	6:56.59	44.15
25 - 29 ans												
1.	Cooke Hugh				28	Westmount YMCA Swim Club				5:32.73	389	
	50m:	33.57	33.57	150m:	1:58.98	44.68	250m:	3:29.61	47.55	350m:	4:56.69	39.98
	100m:	1:14.30	40.73	200m:	2:42.06	43.08	300m:	4:16.71	47.10	400m:	5:32.73	36.04
30 - 34 ans												
1.	Vaillancourt Marc				31	Mpc				5:23.11	425	
	50m:	33.93	33.93	150m:	2:00.66	46.48	250m:	3:27.14	40.45	350m:	4:46.11	
	100m:	1:14.18	40.25	200m:	2:46.69	46.03	300m:			400m:	5:23.11	37.00
2.	Bernier François				34	Camo				5:25.11	417	
	50m:	33.26	33.26	150m:	1:54.01	43.13	250m:	3:22.48	45.28	350m:	4:48.09	38.80
	100m:	1:10.88	37.62	200m:	2:37.20	43.19	300m:	4:09.29	46.81	400m:	5:25.11	37.02
3.	Bergeron Phil				34	Mpc				5:39.81	365	
	50m:	32.95	32.95	150m:	1:57.18	45.59	250m:	3:31.18	47.61	350m:	5:00.82	40.46
	100m:	1:11.59	38.64	200m:	2:43.57	46.39	300m:	4:20.36	49.18	400m:	5:39.81	38.99
35 - 39 ans												
1.	Marin Thierry				36	À Contre-Courant				4:57.34	545	
	50m:	31.72	31.72	150m:	1:44.89	36.64	250m:	3:04.72	43.48	350m:	4:23.52	34.55
	100m:	1:08.25	36.53	200m:	2:21.24	36.35	300m:	3:48.97	44.25	400m:	4:57.34	33.82

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Epreuve 10, Messieurs, 400m 4 nages, 35 - 39 ans

Rang				Age					Temps	Pts		
2.	Cordoba Oliver			37	Westmount YMCA Swim Club				5:48.86	337		
	50m:	35.36	35.36	150m:	2:06.20	49.54	250m:	3:44.60	49.88	350m:	5:12.29	38.00
	100m:	1:16.66	41.30	200m:	2:54.72	48.52	300m:	4:34.29	49.69	400m:	5:48.86	36.57
3.	BLOUIN PHILIPPE			37	Camo				6:06.32	291		
	50m:	36.00	36.00	150m:	2:04.11	45.37	250m:	3:46.29	54.86	350m:	5:23.68	42.08
	100m:	1:18.74	42.74	200m:	2:51.43	47.32	300m:	4:41.60	55.31	400m:	6:06.32	42.64
disq.	Decary Derek			36	M. Dollard-des-Ormeaux							
	50m:			150m:			250m:			350m:		
	100m:			200m:			300m:			400m:		

40 - 44 ans

1.	Levine Martin			40	Westmount YMCA Swim Club				5:06.06	500		
	50m:	30.11	30.11	150m:	1:44.92	40.07	250m:	3:07.97	43.41	350m:	4:29.09	36.81
	100m:	1:04.85	34.74	200m:	2:24.56	39.64	300m:	3:52.28	44.31	400m:	5:06.06	36.97
2.	Pawlowsky Taras			42	Mpc				6:12.28	278		
	50m:	37.16	37.16	150m:	2:11.81	49.88	250m:	3:53.98	52.83	350m:	5:30.48	42.43
	100m:	1:21.93	44.77	200m:	3:01.15	49.34	300m:	4:48.05	54.07	400m:	6:12.28	41.80
3.	Harvey Eric			41	mbc				6:30.35	241		
	50m:	33.26	33.26	150m:	2:02.85	49.57	250m:	3:54.80	1:01.00	350m:	5:43.04	47.41
	100m:	1:13.28	40.02	200m:	2:53.80	50.95	300m:	4:55.63	1:00.83	400m:	6:30.35	47.31

45 - 49 ans

1.	Léveillé Stéphan			46	Gamin				6:06.72	290		
	50m:	38.09	38.09	150m:	2:13.94	50.85	250m:	3:55.86	50.89	350m:	5:26.07	39.43
	100m:	1:23.09	45.00	200m:	3:04.97	51.03	300m:	4:46.64	50.78	400m:	6:06.72	40.65
2.	Penny Charles			45	Westmount YMCA Swim Club				6:26.90	247		
	50m:	40.07	40.07	150m:	2:20.08	52.47	250m:	4:10.46	55.25	350m:	5:47.62	40.19
	100m:	1:27.61	47.54	200m:	3:15.21	55.13	300m:	5:07.43	56.97	400m:	6:26.90	39.28
3.	Sasseville André			46	Mpc				7:25.11	162		
	50m:	48.13	48.13	150m:	2:46.25	1:01.79	250m:	4:50.26	57.78	350m:	6:37.80	51.37
	100m:	1:44.46	56.33	200m:	3:52.48	1:06.23	300m:	5:46.43	56.17	400m:	7:25.11	47.31
disq.	Trudel Guy			45	À Contre-Courant				6:24.97			
	50m:	39.61	39.61	150m:	2:18.26	52.50	250m:	4:05.04	53.24	350m:	5:43.55	44.38
	100m:	1:25.76	46.15	200m:	3:11.80	53.54	300m:	4:59.17	54.13	400m:	6:24.97	41.42

50 - 54 ans

1.	Benrubi Olivier			50	Westmount YMCA Swim Club				6:08.61	286		
	50m:	42.55	42.55	150m:	2:20.36	48.52	250m:	4:04.01	54.36	350m:	5:32.65	35.79
	100m:	1:31.84	49.29	200m:	3:09.65	49.29	300m:	4:56.86	52.85	400m:	6:08.61	35.96
2.	Veilleux Pierre			52	Maîtres Ste-foy				6:14.80	272		
	50m:	38.10	38.10	150m:	2:12.00	48.24	250m:	3:53.51	52.81	350m:	5:31.26	43.88
	100m:	1:23.76	45.66	200m:	3:00.70	48.70	300m:	4:47.38	53.87	400m:	6:14.80	43.54
3.	Chouinard Benoît			53	À Contre-Courant				6:37.93	227		
	50m:	45.58	45.58	150m:	2:36.85	52.23	250m:	4:20.61	51.56	350m:	5:55.45	42.70
	100m:	1:44.62	59.04	200m:	3:29.05	52.20	300m:	5:12.75	52.14	400m:	6:37.93	42.48
4.	Landry Paul			52	Club de natation Mégophias				7:28.97	158		
	50m:	45.95	45.95	150m:	2:41.85		250m:	4:40.93	1:00.83	350m:	6:35.50	52.20
	100m:			200m:	3:40.10	58.25	300m:	5:43.30	1:02.37	400m:	7:28.97	53.47

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Epreuve 10, Messieurs, 400m 4 nages, 50 - 54 ans

Rang			Age					Temps	Pts			
5.	Lajeunesse Raymond		54	Cncb				7:34.99	152			
	50m:	52.82	52.82	150m:	2:56.23	1:03.10	250m:	5:03.42	1:08.46	350m:	6:51.12	45.40
	100m:	1:53.13	1:00.31	200m:	3:54.96	58.73	300m:	6:05.72	1:02.30	400m:	7:34.99	43.87
6.	Dumas Gilles		53	Club de natation Mégophias				8:43.33	100			
	50m:	1:02.63	1:02.63	150m:	3:31.76	1:20.09	250m:	5:54.59	1:03.70	350m:	7:50.92	52.61
	100m:	2:11.67	1:09.04	200m:	4:50.89	1:19.13	300m:	6:58.31	1:03.72	400m:	8:43.33	52.41

55 - 59 ans

1.	Frève Guy		58	Maîtres Nageurs Québec				7:12.65	177			
	50m:	46.15	46.15	150m:	2:37.88	56.61	250m:	4:35.47	1:00.20	350m:	6:25.98	49.03
	100m:	1:41.27	55.12	200m:	3:35.27	57.39	300m:	5:36.95	1:01.48	400m:	7:12.65	46.67
2.	Tremblay Marc		56	Maîtres Ste-foy				7:34.71	152			
	50m:	48.53	48.53	150m:	2:50.73	59.05	250m:	4:49.80	1:02.56	350m:	6:45.68	50.07
	100m:	1:51.68	1:03.15	200m:	3:47.24	56.51	300m:	5:55.61	1:05.81	400m:	7:34.71	49.03
3.	Hall James		59	Westmount YMCA Swim Club				7:42.26	145			
	50m:	48.47	48.47	150m:	2:51.90	1:05.47	250m:	4:57.86	1:04.65	350m:	6:54.31	55.31
	100m:	1:46.43	57.96	200m:	3:53.21	1:01.31	300m:	5:59.00	1:01.14	400m:	7:42.26	47.95
4.	Collier David		56	Westmount YMCA Swim Club				7:54.85	134			
	50m:	53.11	53.11	150m:	3:04.07	1:07.58	250m:	5:09.35	57.52	350m:	7:01.79	55.19
	100m:	1:56.49	1:03.38	200m:	4:11.83	1:07.76	300m:	6:06.60	57.25	400m:	7:54.85	53.06
5.	Corbin Yvon		56	Maîtres Ste-foy				8:42.07	101			
	50m:	58.99	58.99	150m:	3:19.88	1:13.75	250m:	5:39.82	1:08.43	350m:	7:45.51	58.41
	100m:	2:06.13	1:07.14	200m:	4:31.39	1:11.51	300m:	6:47.10	1:07.28	400m:	8:42.07	56.56

60 - 64 ans

1.	Ennis Marc		62	Maîtres Nageurs Québec				7:16.51	172			
	50m:	49.96	49.96	150m:	2:45.70	57.76	250m:	4:39.88	57.00	350m:	6:28.31	50.78
	100m:	1:47.94	57.98	200m:	3:42.88	57.18	300m:	5:37.53	57.65	400m:	7:16.51	48.20
2.	Robitaille Edouard		60	Westmount YMCA Swim Club				8:08.45	123			
	50m:	54.69	54.69	150m:	3:06.18	1:06.49	250m:	5:14.54	1:03.70	350m:	7:13.78	54.06
	100m:	1:59.69	1:05.00	200m:	4:10.84	1:04.66	300m:	6:19.72	1:05.18	400m:	8:08.45	54.67
3.	Douek Joseph		64	Westmount YMCA Swim Club				8:49.21	97			
	50m:	1:03.59	1:03.59	150m:	3:24.51	1:05.98	250m:	5:46.74	1:16.25	350m:	7:58.51	56.48
	100m:	2:18.53	1:14.94	200m:	4:30.49	1:05.98	300m:	7:02.03	1:15.29	400m:	8:49.21	50.70

65 - 69 ans

1.	Ransom Ken		65	À Contre-Courant				6:31.73	238			
	50m:	41.42	41.42	150m:	2:24.09	53.93	250m:	4:12.08	55.40	350m:	5:51.57	43.61
	100m:	1:30.16	48.74	200m:	3:16.68	52.59	300m:	5:07.96	55.88	400m:	6:31.73	40.16